

Bathroom Cabinet Checklist

KickOutClutter.com — Print and check off as you go.

Supplies

- Microfiber cloth + all-purpose spray
- 3 bins: Keep, Expired/Trash, Donate/Share
- Drawer organizers or small baskets
- Labels + marker
- Towel for staging items on counter

Quick Rules

- Work shelf by shelf or one drawer at a time.
- Toss expired meds, makeup, and sunscreen immediately.
- Group by type: dental, skincare, hair, first aid, travel.
- Use small bins/organizers to contain categories.
- Daily essentials go in a top tray for quick access.

1) Empty & Wipe (10–15 min)

- Clear one cabinet or drawer at a time onto a towel.
- Wipe surfaces with microfiber + spray.
- Check for leaks/spills; rinse containers if sticky.

2) Expire Check (10–15 min)

- Discard expired meds, makeup, sunscreen, lotions.
- Remove old toothbrushes, razors, nail polish.
- Recycle empty or near-empty duplicates.

3) Group & Sort (15–20 min)

- Dental: toothbrushes, floss, paste.
- Hair: shampoo, conditioner, styling, tools.
- Skincare: cleansers, serums, creams, SPF.
- First aid: bandages, pain relievers, ointments.
- Travel/minis: group in a clear pouch.

4) Contain & Label (15–20 min)

- Use baskets, bins, or drawer dividers for each group.
- Label bins (Hair, Dental, Skincare, First Aid).
- Keep travel kit in a grab-and-go bag.

5) Daily Tray Setup (5–10 min)

- Create a top tray with daily essentials (toothbrush, face wash, deodorant).
- Limit tray to 5–6 items for quick mornings.

6) Restock & Donate (10 min)

- Check backstock; consolidate partial bottles.
- Donate unused sealed products to shelters (if accepted).
- Dispose properly of meds via pharmacy take-back.

7) Reset & Maintenance (5 min weekly)

- Do a 5-minute Sunday reset of trays and bins.
- Toss empties; reorder essentials if low.