

Weekly Home Reset

KickOutClutter.com — Print and check off as you go.

Total time: ~60 minutes.

One-hour sweep to bring the house back to baseline. Do it solo or tag-team; keep momentum over perfection.

Supplies

- Microfiber cloths
- All-purpose cleaner + bathroom cleaner
- Vacuum + mop
- Trash bags
- Laundry supplies

Quick Rules

- Set a one-hour timer; move fast. Pause deep-clean tasks for another day.
- Top→bottom, left→right in each area. Reset then clean.
- Batch tasks (e.g., dust all rooms, then floors).

1) Kitchen Reset (10 min)

- Dishes done; wipe counters, stove top, table.
- Empty full trash/recycling; replace liners.

2) Bathrooms (10 min)

- Wipe sinks, mirrors, and counters; quick swish in toilets.
- Replace hand towels; restock TP and soap.

3) Floors (10 min)

- Vacuum high-traffic areas; quick mop on kitchen/entry.

4) Laundry & Linens (10 min)

- Start one load (towels or bedding).
- Fold/put away the last clean load.

5) Bedrooms (5–8 min)

- Make beds; clear floor hotspots; reset nightstands.

6) Living Areas (5–8 min)

- Cushions/throws reset; surfaces cleared; quick dust as needed.

7) Dusting (3–5 min)

- High-visibility surfaces (TV stand, shelves, window sills).

8) Entry/Mudroom (3–5 min)

- Shoes corralled; hooks cleared; mats shaken.

9) Paper/Admin (3–5 min)

- Pay/plan/respond; empty 'Action' folder backlog.

10) Extras (2–3 min)

- Pick one: replace filters, wipe appliances, water plants, clean microwave.